

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gueret Aurore

Coaches: Blondeel Nathalie HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

| Event number: 2: 50M BREASTSTROKE MEN 11-12               |           |  | Heat:1, starttime: 09:04 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 1/3 Lane : 4 Athlete: GUO CHARLIE                   |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

| Event number: 2: 50M BREASTSTROKE MEN 11-12               |           |  | Heat:2, starttime: 09:06 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 2/3 Lane : 8 Athlete: DE POTTER SAMUEL-LION         |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

| Event number: 5: 100M BACKSTROKE WOMEN 11-12              |           |           | Heat:1, starttime: 09:18 |
|-----------------------------------------------------------|-----------|-----------|--------------------------|
| Heat: 1/6 Lane : 7 Athlete: FERRARI CHARLOTTE             |           |           | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |           |                          |
|                                                           | 5 0 M     | 1 0 0 M   |                          |
| PB                                                        | no time   | no time   |                          |
|                                                           | no time   |           |                          |
|                                                           | . . . . . | . . . . . |                          |

Coach feedback:

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| Event number: 5: 100M BACKSTROKE WOMEN 11-12 |         |         | Heat:3, starttime: 09:23           |
|----------------------------------------------|---------|---------|------------------------------------|
| Heat: 3/6 Lane : 7 Athlete: BIFOLCHI ELENA   |         |         | Q-time: 01:37:24                   |
| PB (50m pool): no time                       |         |         | PB (25m pool): no time SB: no time |
|                                              | 5 0 M   | 1 0 0 M |                                    |
| PB                                           | no time | no time |                                    |
|                                              | no time |         |                                    |
|                                              | .       | .       |                                    |

Coach feedback:

| Event number: 6: 100M BREASTSTROKE MEN 11-12 |         |         | Heat:1, starttime: 09:32           |
|----------------------------------------------|---------|---------|------------------------------------|
| Heat: 1/4 Lane : 6 Athlete: FLOURAKIS THÉO   |         |         | Q-time: 99:99:99                   |
| PB (50m pool): no time                       |         |         | PB (25m pool): no time SB: no time |
|                                              | 5 0 M   | 1 0 0 M |                                    |
| PB                                           | no time | no time |                                    |
|                                              | no time |         |                                    |
|                                              | .       | .       |                                    |

Coach feedback:

| Event number: 6: 100M BREASTSTROKE MEN 11-12 |         |         | Heat:2, starttime: 09:35           |
|----------------------------------------------|---------|---------|------------------------------------|
| Heat: 2/4 Lane : 2 Athlete: LEROY TIAGO      |         |         | Q-time: 01:55:21                   |
| PB (50m pool): no time                       |         |         | PB (25m pool): no time SB: no time |
|                                              | 5 0 M   | 1 0 0 M |                                    |
| PB                                           | no time | no time |                                    |
|                                              | no time |         |                                    |
|                                              | .       | .       |                                    |

Coach feedback:

| Event number: 6: 100M BREASTSTROKE MEN 11-12 |         |         | Heat:2, starttime: 09:35           |
|----------------------------------------------|---------|---------|------------------------------------|
| Heat: 2/4 Lane : 3 Athlete: HUSSEIN OMAR     |         |         | Q-time: 01:51:72                   |
| PB (50m pool): no time                       |         |         | PB (25m pool): no time SB: no time |
|                                              | 5 0 M   | 1 0 0 M |                                    |
| PB                                           | no time | no time |                                    |
|                                              | no time |         |                                    |
|                                              | .       | .       |                                    |

Coach feedback:

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| Event number: 7: 100M BUTTERFLY WOMEN 13-14 |         |         | Heat:2, starttime: 09:44           |
|---------------------------------------------|---------|---------|------------------------------------|
| Heat: 2/4 Lane : 5 Athlete: PANKINA MARIA   |         |         | Q-time: 01:31:19                   |
| PB (50m pool): no time                      |         |         | PB (25m pool): no time SB: no time |
|                                             | 5 0 M   | 1 0 0 M |                                    |
| PB                                          | no time | no time |                                    |
|                                             | no time |         |                                    |
|                                             | no time |         |                                    |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 13-14      |         |         | Heat:1, starttime: 09:50           |
|------------------------------------------------|---------|---------|------------------------------------|
| Heat: 1/9 Lane : 7 Athlete: SOUTHWORTH BARNABY |         |         | Q-time: 99:99:99                   |
| PB (50m pool): no time                         |         |         | PB (25m pool): no time SB: no time |
|                                                | 5 0 M   | 1 0 0 M |                                    |
| PB                                             | no time | no time |                                    |
|                                                | no time |         |                                    |
|                                                | no time |         |                                    |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 13-14   |         |         | Heat:2, starttime: 09:52           |
|---------------------------------------------|---------|---------|------------------------------------|
| Heat: 2/9 Lane : 4 Athlete: NOWACKI MATEUSZ |         |         | Q-time: 01:18:31                   |
| PB (50m pool): no time                      |         |         | PB (25m pool): no time SB: no time |
|                                             | 5 0 M   | 1 0 0 M |                                    |
| PB                                          | no time | no time |                                    |
|                                             | no time |         |                                    |
|                                             | no time |         |                                    |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 13-14 |         |         | Heat:4, starttime: 09:56           |
|-------------------------------------------|---------|---------|------------------------------------|
| Heat: 4/9 Lane : 6 Athlete: MAJED MALEK   |         |         | Q-time: 01:13:18                   |
| PB (50m pool): no time                    |         |         | PB (25m pool): no time SB: no time |
|                                           | 5 0 M   | 1 0 0 M |                                    |
| PB                                        | no time | no time |                                    |
|                                           | no time |         |                                    |
|                                           | no time |         |                                    |

Coach feedback:

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| Event number: 8: 100M FREESTYLE MEN 13-14                 |         |         | Heat:8, starttime: 10:03 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 8/9 Lane : 7 Athlete: GUO LOUIS                     |         |         | Q-time: 01:06:19         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | no time |         |                          |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 13-14                 |         |         | Heat:8, starttime: 10:03 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 8/9 Lane : 8 Athlete: OURAGHI WASSIM                |         |         | Q-time: 01:07:27         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | no time |         |                          |

Coach feedback:

| Event number: 8: 100M FREESTYLE MEN 13-14                 |         |         | Heat:9, starttime: 10:04 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 9/9 Lane : 6 Athlete: EVERSONAS PAULIUS             |         |         | Q-time: 01:02:10         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | no time |         |                          |

Coach feedback:

| Event number: 9: 50M BREASTSTROKE WOMEN 11-12             |         |  | Heat:1, starttime: 10:06 |
|-----------------------------------------------------------|---------|--|--------------------------|
| Heat: 1/4 Lane : 4 Athlete: FERRARI CHARLOTTE             |         |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |  |                          |
|                                                           | 5 0 M   |  |                          |
| PB                                                        | no time |  |                          |
|                                                           | no time |  |                          |
|                                                           | no time |  |                          |

Coach feedback:

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|                                                  |           |  |  |  |  |                                       |  |
|--------------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 9: 50M BREASTSTROKE WOMEN 11-12    |           |  |  |  |  | Heat:3, starttime: 10:09              |  |
| Heat: 3/4    Lane : 8    Athlete: BIFOLCHI ELENA |           |  |  |  |  | Q-time: 00:57:24                      |  |
| PB (50m pool): no time                           |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                  | 5 0 M     |  |  |  |  |                                       |  |
| PB                                               | no time   |  |  |  |  |                                       |  |
|                                                  | no time   |  |  |  |  |                                       |  |
|                                                  | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

|                                               |           |  |  |  |  |                                       |  |
|-----------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 10: 50M BUTTERFLY MEN 11-12     |           |  |  |  |  | Heat:2, starttime: 10:13              |  |
| Heat: 2/5    Lane : 3    Athlete: GUO CHARLIE |           |  |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): no time                        |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                               | 5 0 M     |  |  |  |  |                                       |  |
| PB                                            | no time   |  |  |  |  |                                       |  |
|                                               | no time   |  |  |  |  |                                       |  |
|                                               | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

|                                                |           |  |  |  |  |                                       |  |
|------------------------------------------------|-----------|--|--|--|--|---------------------------------------|--|
| Event number: 10: 50M BUTTERFLY MEN 11-12      |           |  |  |  |  | Heat:2, starttime: 10:13              |  |
| Heat: 2/5    Lane : 4    Athlete: HUSSEIN OMAR |           |  |  |  |  | Q-time: 99:99:99                      |  |
| PB (50m pool): no time                         |           |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                | 5 0 M     |  |  |  |  |                                       |  |
| PB                                             | no time   |  |  |  |  |                                       |  |
|                                                | no time   |  |  |  |  |                                       |  |
|                                                | . . . . . |  |  |  |  |                                       |  |

Coach feedback:

|                                             |  |       |           |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------------|--|-------|-----------|--|--|--|--|--|--|--------------------------------------|--|--|--|--|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|
| Event number: 10: 50M BUTTERFLY MEN 11-12   |  |       |           |  |  |  |  |  |  | Heat:3, starttime: 10:14             |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
| Heat: 3/5   Lane : 3   Athlete: LEROY TIAGO |  |       |           |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  | Q-time: 99:99:99 |  |  |  |  |  |  |  |  |  |  |  |  |
| PB (50m pool): no time                      |  |       |           |  |  |  |  |  |  | PB (25m pool): no time   SB: no time |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                             |  | 5 0 M |           |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
| PB                                          |  |       | no time   |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                             |  |       | no time   |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |
|                                             |  |       | . . . . . |  |  |  |  |  |  |                                      |  |  |  |  |  |  |  |  |  |                  |  |  |  |  |  |  |  |  |  |  |  |  |

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| Event number: 10: 50M BUTTERFLY MEN 11-12                 |           |  | Heat:3, starttime: 10:14 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 3/5 Lane : 5 Athlete: FLOURAKIS THÉO                |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

| Event number: 10: 50M BUTTERFLY MEN 11-12                 |           |  | Heat:3, starttime: 10:14 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 3/5 Lane : 7 Athlete: DE POTTER SAMUEL-LION         |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

| Event number: 12: 50M BACKSTROKE MEN 13-14                |           |  | Heat:1, starttime: 10:20 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 1/3 Lane : 2 Athlete: SOUTHWORTH BARNABY            |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

| Event number: 12: 50M BACKSTROKE MEN 13-14                |           |  | Heat:1, starttime: 10:20 |
|-----------------------------------------------------------|-----------|--|--------------------------|
| Heat: 1/3 Lane : 6 Athlete: MAJED MALEK                   |           |  | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |  |                          |
|                                                           | 5 0 M     |  |                          |
| PB                                                        | no time   |  |                          |
|                                                           | no time   |  |                          |
|                                                           | . . . . . |  |                          |

Coach feedback:

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| Event number: 12: 50M BACKSTROKE MEN 13-14                |         |  | Heat:3, starttime: 10:23 |
|-----------------------------------------------------------|---------|--|--------------------------|
| Heat: 3/3 Lane : 6 Athlete: EVERSONAS PAULIUS             |         |  | Q-time: 00:38:34         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |  |                          |
|                                                           | 5 0 M   |  |                          |
| PB                                                        | no time |  |                          |
|                                                           | no time |  |                          |
|                                                           | .....   |  |                          |

Coach feedback:

| Event number: 15: 100M FREESTYLE WOMEN 13-14              |         |         | Heat:3, starttime: 10:57 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 3/9 Lane : 7 Athlete: PANKINA MARIA                 |         |         | Q-time: 01:20:46         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | .....   | .....   |                          |

Coach feedback:

| Event number: 16: 100M BACKSTROKE MEN 13-14               |         |         | Heat:3, starttime: 11:14 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 3/8 Lane : 6 Athlete: NOWACKI MATEUSZ               |         |         | Q-time: 01:26:85         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | .....   | .....   |                          |

Coach feedback:

| Event number: 16: 100M BACKSTROKE MEN 13-14               |         |         | Heat:4, starttime: 11:16 |
|-----------------------------------------------------------|---------|---------|--------------------------|
| Heat: 4/8 Lane : 1 Athlete: GUO LOUIS                     |         |         | Q-time: 01:25:62         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |         |         |                          |
|                                                           | 5 0 M   | 1 0 0 M |                          |
| PB                                                        | no time | no time |                          |
|                                                           | no time |         |                          |
|                                                           | .....   | .....   |                          |

Coach feedback:

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| Event number: 16: 100M BACKSTROKE MEN 13-14 |         |         | Heat:4, starttime: 11:16           |
|---------------------------------------------|---------|---------|------------------------------------|
| Heat: 4/8 Lane : 8 Athlete: OURAGHI WASSIM  |         |         | Q-time: 01:25:89                   |
| PB (50m pool): no time                      |         |         | PB (25m pool): no time SB: no time |
|                                             | 5 0 M   | 1 0 0 M |                                    |
| PB                                          | no time | no time |                                    |
|                                             | no time |         |                                    |
|                                             | no time |         |                                    |

Coach feedback:

| Event number: 17: 50M BUTTERFLY WOMEN 11-12   |         |  | Heat:2, starttime: 11:28           |
|-----------------------------------------------|---------|--|------------------------------------|
| Heat: 2/8 Lane : 7 Athlete: FERRARI CHARLOTTE |         |  | Q-time: 99:99:99                   |
| PB (50m pool): no time                        |         |  | PB (25m pool): no time SB: no time |
|                                               | 5 0 M   |  |                                    |
| PB                                            | no time |  |                                    |
|                                               | no time |  |                                    |
|                                               | no time |  |                                    |

Coach feedback:

| Event number: 17: 50M BUTTERFLY WOMEN 11-12 |         |  | Heat:3, starttime: 11:29           |
|---------------------------------------------|---------|--|------------------------------------|
| Heat: 3/8 Lane : 4 Athlete: BIFOLCHI ELENA  |         |  | Q-time: 00:59:16                   |
| PB (50m pool): no time                      |         |  | PB (25m pool): no time SB: no time |
|                                             | 5 0 M   |  |                                    |
| PB                                          | no time |  |                                    |
|                                             | no time |  |                                    |
|                                             | no time |  |                                    |

Coach feedback:

| Event number: 18: 50M BACKSTROKE MEN 11-12 |         |  | Heat:1, starttime: 11:37           |
|--------------------------------------------|---------|--|------------------------------------|
| Heat: 1/2 Lane : 2 Athlete: FLOURAKIS THéo |         |  | Q-time: 99:99:99                   |
| PB (50m pool): no time                     |         |  | PB (25m pool): no time SB: no time |
|                                            | 5 0 M   |  |                                    |
| PB                                         | no time |  |                                    |
|                                            | no time |  |                                    |
|                                            | no time |  |                                    |

Coach feedback:

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|-----------------------------------------------------------|-----------|--------------------------|
| Event number: 20: 50M BREASTSTROKE MEN 13-14              |           | Heat:1, starttime: 11:42 |
| Heat: 1/2 Lane : 7 Athlete: GUO LOUIS                     |           | Q-time: 99:99:99         |
| PB (50m pool): no time PB (25m pool): no time SB: no time |           |                          |
|                                                           | 5 0 M     |                          |
| PB                                                        | no time   |                          |
|                                                           | no time   |                          |
|                                                           | . . . . . |                          |

Coach feedback: